

## **Garden produce for The Sheridan Story**

Below is a list of produce most desired. This is not an exhaustive list. Additional produce also welcome.

- Broccoli
- Cabbage
- Carrots
- Cucumbers
- Eggplant
- Herbs (mint, cilantro, parsley, basil, etc.)
- Green Beans
- Leafy Greens (kale, chard, lettuce, etc.)
- Peppers (spicy and sweet varieties)
- Potatoes
- Radishes
- Tomatoes (large and small varieties)
- Squash
- Zucchini

### **Tips for produce donations**

1. Harvest fruits and vegetables in a safe manner to minimize the risk of foodborne illness. For example, always wash hands before harvesting and wear clean gloves.
2. Do not harvest if you are sick (coughing, sneezing, have a fever, etc.). If you are ill and worried about your produce spoiling, please ask a friend or neighbor to help harvest.
3. We kindly ask that herbicides, insecticides, and chemical fertilizers not be used in the growing of produce donated. Organic fertilizers and pest control should be used when needed.
4. Do not donate food that is overripe, has mold, bruising, or insect damage
5. Wipe as much dirt/mud off of the produce as possible, but do not rinse. Rinsing can cause the produce to spoil more quickly.

**More information:** <https://www.thesheridanstory.org/what-we-do-summer-programs-produce-garden/>